



# ENTRY FORM

## INSTRUCTIONS:

1. Use the Print command to print this page.
2. Mail completed form and entry fees to the address at the bottom of the page.

## PLEASE CHECK ONE:

- Marathon     Half Marathon     Relay

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Sex (M/F): \_\_\_\_\_ Age (on event day): \_\_\_\_\_ Shirt Size:  XS     S     M     L     XL  
(Note: sizes are unisex and cannot be guaranteed)

Address: \_\_\_\_\_ Apt#: \_\_\_\_\_

City/Town: \_\_\_\_\_

Prov/ST: \_\_\_\_\_ Postal/Zip: \_\_\_\_\_ Country: \_\_\_\_\_

Email: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Ext: \_\_\_\_\_

Please let us know if you have any medical conditions that we should be aware of:

Please send to:

**The Toronto Marathon, 450 Walmer Road, Suite 412, Toronto, ON M5P 2X8**  
**If written confirmation is required please include a stamped self-addressed envelope.**

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the Arctic Marathon and any or all of the following events: the Half Marathon, the Relay, Pre and Post Race Activities and any other 2009 Arctic Marathon activities that take place prior to or after the event, including the use of my photograph/picture for marathon promotional purposes. I, for myself my heirs, executors, administrators, successors and assigns, HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE Cruise North Expeditions (CNE), Canadian Royalties, Makivik Corporation and their volunteers and employees, all sponsors and contributors, Running First Ltd., Jay Glassman, The Toronto Marathon Organizing Committee, and all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, elected and appointed officials, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity in respect of death, injury, loss or damage to my person or property HOWEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as a spectator, participant, competitor or otherwise, whether prior to, during or subsequent to the event, AND NOTWITHSTANDING that same may have been contributed to, or occasioned by, the negligence of any of the aforesaid. I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by all of them as a result of, or in any way connected with, my participation in the said event. BY SUBMITTING THIS ENTRY I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED TO THE ABOVE WAIVER, RELEASE AND INDEMNITY I WARRANT that I am physically fit to participate in this event.

PRINT NAME: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**No persons under age 18 will be permitted to participate in the full marathon.**