

Read Carefully: Make sure all team members are familiar with this information.

Start: Mel Lastman Square – 9:20 a.m.

Bibs: All relay teams are issued 8 bibs with a team number. Bibs are marked from A to H. Every team member must wear the bib on the front of their shirts so that it is clearly visible to race officials. Make sure team members progress along the course in alphabetic sequence as the “H” runner (in an 8 member team) must be the team member to cross the finish line. If a team has fewer than 8 runners, the first runner wears the “A” bib and the last runner must wear the “H” bib. This procedure is very important.

Each team will receive 8 additional bibs with “Relay” printed on them. These are to be worn on the back of each participant.

Teams receive one Championship on a velcro strap – to be worn on the ankle and it Must be passed to each runner on your team and placed only on the ankle.

Relay Transfer Points: Transfer point locations are given below and it is the responsibility of each team to get runners to the points on time. Most of the points are accessible by TTC and it is recommended that teams give tokens to each participant so they can come down to Queen’s Park after they have completed their leg. Suggested TTC routes to and from relay points are available on the website. Following the race, teams may have a team photo taken at the finish area.

Please read Final Instructions as they apply to relay teams as well.

Please arrive early to your transfer locations. Subway does not open until 9:00 am on Sundays, but surface transportation is available earlier.

Relay Transfer Points (Points are approximate)

A	<p>Start – Behind Mel Lastman Square on Beecroft South of North York Blvd. There is plenty of parking at the start area. The race begins at 9:20 a.m., however the roads close down before 7:30 am in order to allow for the half start. We suggest arriving as early as possible.</p>
B	<p>5k – 3278 Yonge St. North of Brookdale</p>
C	<p>10.1k – Avenue Rd. and Lonsdale at Upper Canada College entrance. There are two subway stations equal distance from this transfer point. St. Clair on the Yonge Line and St. Clair West on the Spadina Line. Approximately a 15 minute walk from either station. The streetcar runs east and west on St. Clair. Exit at Avenue Rd. and walk north 2 streets to Lonsdale Rd.</p>
D	<p>15k – Rosedale Valley Road (East of Park Rd. E) Exit at Rosedale Station and walk south to Aylmer Ave. Follow downhill to Rosedale Valley Rd.</p>
E	<p>20k – 132 Front St. West of Frederick St. Exit at King Station. Walk 1 street South to Front St. and follow east to Frederick St.</p>
F	<p>25k – Ontario Place Blvd. north of Remembrance Dr. Point is located east of the Molson Amphitheatre at the far east side of the first parking lot on the east side of Ontario Place. By TTC – take the streetcar from Bathurst or Union Station to the Exhibition grounds. Parking is available, but you must arrive early. Please see below for shuttle bus information.</p>
G	<p>30k – West end of western most parking lot east of the Humber River. Please see below for Shuttle Bus information.</p>
H	<p>35k – Lakeshore Blvd. west of pole 283 east of wind turbine. Approximately 100 m west of where Remembrance Dr. and Ontario Dr, meet Lakeshore Blvd. The transfer point is 100 m west of the Aid Station at Pole 283. The Aid Station is located at the far west end of Ontario Place which is just South of the Better Living Centre. By TTC, take streetcar from Bathurst or Union Station to Exhibition and walk south (15 min) Parking is available. Please see below for Shuttle Bus information.</p>

Finish Line

All events finish at Queen’s Park. Team members are encouraged to take the TTC to Queen’s Park once they have completed their leg to meet up with their team for a team photo. Exit the subway at Queen’s Park Station and walk north to Queen’s Park Circle and Wellesley St., or exit at the Museum Station and walk south to Queen’s Park (both on the University-Spadina Line).

Shuttle Service

Shuttle bus service to and from the 25K, 30K, and 35K relay transfer points: Departing from the North West corner of Richmond and University Ave at 9:00 a.m. and 9:45 a.m. Relay participants who finish their leg at these transfer points can take the shuttle bus back to Queen’s Park.

TTC Service

The TTC Website is <http://www.ttc.ca>. Subway service is not available until 9:00 am on Sundays. Surface transportation is available earlier. A useful Google street map which locates all subway stops - <http://crazedmonkey.com/toronto-transit-map/>
 The current price for one TTC ride is \$2.75.

Any further questions, please contact the Toronto Marathon office at 416-972-1062.